



Saskatchewan Baton Twirling Association High Performance Senior Athlete Grant

Return completed forms to:

SBTA
510 Cynthia Street
Saskatoon, SK S7L 7K7

Submission Deadline:

Wed September 15, 2010

2009/10 Grant Follow-up Report

All of the information provided will be kept confidential.

Personal Information:

Name: _____ SBTA membership #SK- _____

Address: _____

Email: _____ Phone: _____

City: _____ PC: _____ Date of birth: ____/____/____
DD MM Year

Sport Specific Information:

Total HP Grant amount received: _____ Date: _____

Athletic Performance:

Please attach detailed responses to the questions listed below:

1. Goals

- a) Provide an overview of the successes and/or challenges that you experienced in achieving your goals over the past year:
 - i) competition
 - ii) training
- b) Is your athletic career still on track to achieve your long-term goal(s)? If not, please explain.

2. Training

- a) Did you participate in any additional training opportunities as a result of receiving HP Grant assistance? If so, list what it consisted of and what impact it had on helping you achieve your goals.

3. Competition

- a) Outline your past year's competition results. Indicate the type of competitions (regional, national, international), the dates, locations and your performance results.
- b) Were you able to attend any additional competitions because of the support provided through the HP Grant program? If so, what competition(s), where, what were your results and how did it help you achieve your goals?
- c) Did you move up in the National team ranking over the past year? If so, how many placings and if not, what held you back.

Additional Information:

Feel free to attach or provide any further information that you feel will enhance your follow-up report.

Financial Information:

Complete the summary below and ensure that it is included as part of your application.

Financial Information Summary

	Past Year Actuals
A. Direct financial support from all sources:	
High Performance Senior Athlete Grant received	
Future Best Support received	
SBTA Support received	
CBTF Support received	
Club Support received	
Sponsorship received	
Other: (list)	
TOTAL direct financial support	
B. Direct expenses related to competition & training:	
Training related expenses (coaching, gym rental)	
Competition related expenses (travel, hotel, entry fees, meals)	
Equipment costs (batons, tracksuits, costumes, footwear, etc)	
Sport Medicine/Science expenses (massage, physio, mental trainer, etc.)	
Other: (list)	
TOTAL direct expenses	

Total of A minus total of B =

****Note:** Please only list "direct" expenses related to your training & competitions. Things such as lost wages, tuition, rent, car insurance, groceries, etc. will not be considered as direct expenses. Receipts are not required, but please be prepared to submit them upon request.

The information that is provided in this application is a true and correct representation.

Signature of athlete

Date

By signing below, I am endorsing the follow-up report for the athlete listed above.

Signature of Coach

Date

Name (please print)

Club Affiliation